

THEME AND VARIATIONS ON "PRACTICE"

45 FABULOUS, FUN WAYS TO PRACTICE

- Practice in a bathroom. Practice outside.
- Record your practice. Play for someone special over the phone.
- Perform a family recital. Practice with the lights off.
- Memorize your favorite song.
- Start your favorite song on a different note.
- Dance while you play. Sing while you do the note fingerings.
- Practice in slow motion. Play twice as fast.
- Practice in front of a mirror. Practice with your eyes shut.
- Produce a monthly music video starring you.
- Create an animal sound on your instrument. Play for your pet.
- Make up a new rhythm to a familiar song.
- Wear a funny hat while you practice.
- Make up words to one of your songs.
- Play "Name That Tune" with your little brother or sister.
- Be the featured act in your home on Sunday for "Bagels and Band."
- Play a song for your neighbors.
- Practice before school.
- Give a candlelight concert. Walk while you practice.
- Wear sunglasses while you practice.
- Give yourself a reward for good practice.
- Serenade you family chef while they prepare dinner.
- Compose a song. Dress in a costume for a song you know.
- Stand while you practice.
- Leave a "song" message on an out-of-state relative's answering machine.
- See how long you can hold a note. Practice in a new place.
- Practice 7 days in a row (or 100!)
- Practice with a metronome. Practice in your pajamas.
- Practice with a timer. Perform for "Popcorn and Pizza Night."
- March while you play a scale or a memorized song.
- See how many times you can play something in one minute.
- Play duets with a friend over the phone or computer.
- Invite a friend to your house to practice.
- Keep a practice record and brag.